



The Courier

Allegheny Synodical Women's Organization

Time Sensitive
Material Included!

VOL. XXII No. 3

2010 CONVENTION ISSUE

This is the 2010 Allegheny SWO Convention issue of *The Courier*. Please read all the articles and forms carefully and share the information with your congregational unit and with all women in your church.

CALL TO CONVENTION 2010

The Allegheny Synodical Women's Organization Board and Convention Planning Committee invite you to attend the Twenty-Third Annual Convention on Saturday, May 22, 2010. We will gather at Shepherd of the Hills Lutheran Church in Karthaus, PA (Clearfield Conference) beginning at 9:15 am. The theme for the day is "Bind Us Together." The scripture is Romans 15:1-6.

We convene once yearly to conduct business of the ASWO: "Voting members of a convention shall be the elected officers and board members of the synodical women's organization and one delegate from each unit on the roll of this synodical women's organization." (Article VI, Section 2, Item 1, of the ASWO Constitution.) There are 48 affiliated units currently on the roll. However, **we do welcome all women of the Allegheny Synod to attend the convention whether you have an affiliated women's group or not.** The convention is a time for you to take advantage of learning about Women of the ELCA and to participate in workshops, worship, Bible study, and lots of fellowship with your sisters in Christ from across the Allegheny Synod.

This year Anjanette Hodges from Christiansburg, Virginia, will be our churchwide representative. She will bring greetings from Women of the ELCA President Beth Wrenn and the Women of the

ELCA. (See more information about Anjanette on the next page.)

It is our hope that you will come and be a part of this annual gathering. We encourage you to gather with us and explore what it means to be "...a community of women created in the image of God, called to discipleship in Jesus Christ, and empowered by the Holy Spirit." Find out how to "...grow in faith, affirm our gifts, support one another in our callings, engage in ministry and action, and promote healing and wholeness in the church, the society, and the world."

Please read this newsletter for convention information including nomination forms for officers and board members, registration forms and fees for delegates and participants, workshops, and much more.

Your sister in Christ,
Carol McClure, President

TRANSPORTATION

Please do not let transportation be a deterrent from coming to this convention. Just think of the fellowship you will have on the way to convention and home again if you consider car pooling!!! Contact Carol McClure (814-695-6904) if you need help in arranging transportation from your particular conference area or town.

CWO REPRESENTATIVE

Anjanette Hodges was elected treasurer of Women of the Evangelical Lutheran Church in America in July 2008. She chairs the budget and finance committee.



Anjanette Hodges

She previously served two terms as treasurer of the Virginia Synodical Women's Organization. She has also led workshops at various women's retreats, served as convention planning chair for the Virginia

Synod Women of the ELCA, and participated on planning committees for the annual clergy spouses' retreat in Virginia.

As a member of Our Saviour Lutheran Church in Christiansburg, Virginia, Anjanette serves as congregational treasurer. She also enjoys singing in the choir and participating with the fellowship committee in a variety of different ways.

Anjanette has been married to Fred for twenty-

two years. Fred is the pastor at Our Saviour. They live in Virginia with their three children: Nathaniel (12th grade), Nicholas (8th grade), and Ethan (6th grade).

Anjanette is the corporate controller for Community Housing Partners, a large non-profit housing and community development organization. She also serves as the financial director for the Southwest Virginia Chapter of Thrivent Financial for Lutherans.

In her spare time Anjanette enjoys watching her children's sporting and music events, reading, and traveling.

She is eager to serve in a financial capacity for Women of the ELCA, as she is continually amazed at the stewardship faithfully demonstrated by the participants in this organization.

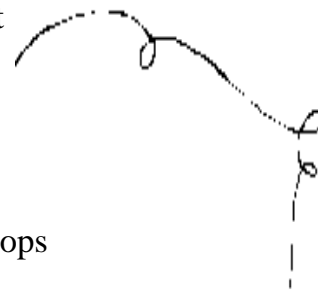
We look forward to meeting Anjanette in Karthaus.



TENTATIVE CONVENTION AGENDA



- | | |
|--------------------------|---|
| 9:15 – 10:00 A.M. | Registration and Continental Breakfast |
| 9:45 A.M. | Delegate Orientation |
| 10:15 A.M. | Opening Worship with Bible Study |
| 11:30 A.M. | Business Session and Visitors' Workshops |
| 1:00 P.M. | Meal and Fellowship |
| 2:00 P.M. | Workshops for All |
| 3:00 P.M. | Presentation by CWO Representative Anjanette Hodges
Pastor Lynn Miller Brings Greetings from Allegheny Synod |
| 4:00 P.M. | Closing Worship with Holy Communion and
Installation of ASWO Officers and Board |



Directions to Shepherd of the Hills Lutheran Church
3637 Main Street, Karthaus, Pennsylvania
814-263-5405



You may want to find your own set of direction to Karthaus from your location, but these should work. They start in the Somerset area and pick up Johnstown and Altoona along the way.

(The street address is given above for those of you with GPS units.)



Follow 219 N. to Johnstown (about 39 miles). Take 22 E towards Hollidaysburg and follow for about 21 miles. Take I-99 N towards Altoona and follow for about 23.5 miles. Take Exit 52 - 350 N towards Bald Eagle and follow for about 15 miles to Phillipsburg. At S. Centre Street, turn left onto PA 53 and follow for about 9 miles. Turn left onto Rolling Stone Road and follow for about 9 miles. Turn right onto Route 879 Frenchville/Karthaus Hwy and follow for about 2.5 miles. Turn slight right onto Market Street and follow about 1.5 miles. Turn right onto Main Street.

From Somerset and Johnstown - You may want to follow 219 N to Clearfield and then take 879 into Karthaus.

OVERNIGHT ACCOMMODATIONS - If you are planning to stay overnight in the Karthaus area, you will need to make your own reservations. Clearfield has a Super 8 Motel (814-768-7580) and a Holiday Inn Express (814-768-7500). You can also find other hotels and motels in the area.

MENU

MEAL

Roast Pork
Dressing
Mashed Potatoes and Gravy
Vegetable
Applesauce
Bread
Dessert
Beverages

Cost: \$12.00

NOTE: On your registration form, please indicate any dietary restrictions you may have.

MENU

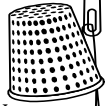
DISPLAYS

If you would like to bring a display from your unit, please contact Carol McClure at (814) 695-6904. She will do her best to make sure a table is reserved for you.

This would be a great time to share your projects and programs with women from across the Synod.

CONVENTION GOALS

1. Conduct the business of the Allegheny Synodical Women's Organization efficiently and effectively.
2. Inspire and encourage participants to live thankfully, generously, and hospitably by following God's example.
3. Encourage participants to work in harmony to bind together all women of the Allegheny Synod in fellowship, service, and love.



CONVENTION WORKSHOPS

The following workshops will be offered. Visitors will be able to attend both - one in the morning and one in the afternoon. Delegates will be able to choose one to attend in the afternoon. **Note:** This year the Bible Study on the convention theme, which will be led by convention chaplain Pastor Katherine Douglass, from Christ, DuBois, will be included in morning worship so everyone will be able to participate.

1. The CWO representative Anjanette Hodges will present a workshop using the resource "Grace-Full Living." Participants will continue to focus on women's health in all its many facets including financial health. We will ponder how financial health and giving are integral to our wellbeing.

2. Lois Lynn will present a workshop entitled "Going Green With God." Participants will be offered numerous tips on how to be better stewards of the earth.



More detailed information about the workshops and Bible Study will be printed in the Bulletin of Reports and will be announced the day of convention.

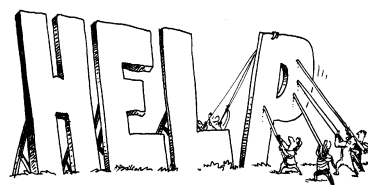
CANDIDATES NEEDED!!

We are in desperate need of candidates for **ASWO President, Vice-President, 2 Board Members, and 2 Triennial Delegates**. Please give much consideration to this plea and help us find ladies willing to serve in leadership positions of the ASWO. **WE NEED WOMEN TO STEP FORWARD AND SERVE. THE SURVIVAL OF OUR ORGANIZATION DEPENDS UPON YOU!!** Serving at the synodical level is a great way to learn more about our organization.

The Board normally meets five times a year, usually in the Altoona area. Board members are expected to attend the meetings and the annual convention, and to act as a liaison to an assigned conference.

Please read the job descriptions for each office printed later in this newsletter. The nomination form for ASWO Officers and Board and the Triennial Delegate nomination form are also included. **These forms need to be returned by April 22**, so the information can be included in the Bulletin of Reports for convention. Any nominations received after that date will be made from the floor.

Nominations from the floor must be submitted to the Nominations Committee by 10:15 A.M. the day of convention. There will be a table for this purpose in the registration area. Please use the nomination form(s) provided in this newsletter. Thanks for your help!



CONVENTION OFFERINGS

This year at convention, we will be receiving two different offerings during the worship service.

The first is the **Convention Offering** which will be sent to churchwide for the ongoing work of Women of the ELCA.

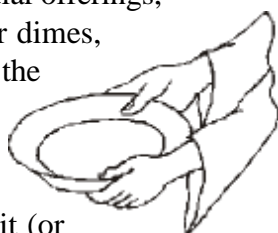
The second is the **Ingathering Offering** which this year is designated for the **Karthauss Food Bank**.

In addition to these regular offerings, we ask that you bring your dimes, or other change, with you to the meal. Money will be collected at this time for **Katie's Fund**.

You may send your unit (or individual) offerings to the convention with your delegate, or send them to our treasurer:

Vera Wilt
612 E. Graceville Road
Breezewood, PA 15533.

Please include your unit's name and number (if possible) and designate whether it is Convention or Ingathering Offering. Thanks for your cooperation.



CONSTITUTION CHANGE

VOTE WILL BE TAKEN

At last year's convention the following proposed change to our ASWO constitution was read. This year it will be read again, and then a vote taken.

Article: VII Section: 6 Item: 1

Existing language:

There shall be 9 (nine) members of the Board elected by the Convention of the synodical women's organization for a term of two years. Each shall be a participant of a congregational/intercongregational unit and a member of the ELCA.

Proposed change:

There shall be 5 (five) members of the Board elected by the Convention of the synodical women's organization for a term of two years. Each shall be a participant of a congregational/intercongregational unit and a member of the ELCA.

Rationale:

Based on the size of our synod, the Board feels that four officers working with five Board members can adequately conduct the business of our SWO.



A.S.A.P

Generally we think of A.S.A.P. in terms of creating even more hurry and stress in our lives. Do it now, as soon as possible! Maybe if we think of this abbreviation in a different manner, we will begin to find a new way to deal with those rough days along the way.

There's work to do, deadlines to meet, you've got no time to spare. But as you hurry and scurry
A.S.A.P. - Always Say A Prayer.

In the midst of family chaos, "quality time" is rare, do your best and let God do the rest
A.S.A.P. - Always Say A Prayer.

When it seems like your worries are more than you can bear, Slow down and take a breather
A.S.A.P. - Always Say A Prayer.

God knows how stressful life is; he wants to ease our cares, and He'll respond
A.S.A.P.- Always Say A Prayer.

MEET THE BOARD DONNA FRAZIER

My parents are Kermit and Arlene Frazier. I am the eldest of 5 children - 1 brother, 2 living sisters and 1 deceased sister, and have 2 nephews and 5 neices - 3 blood/2 step. I am a member of Messiah Lutheran Church in Bedford, where I teach Sunday School, am a lay assistant, a choir member, council treasurer (first woman elected to our church council), and parish council secretary/treasurer. I also serve as a member of the Synod Candidacy Committee. I am a former ASWO Board member having served as both vice president and president. I am a member of Bedford Grange and Woodmen of the World Life Insurance Society where I serve as trustee in our local lodge and secretary of the Jurisdiction of PA. I am employed as a business office clerk at UPMC Bedford Memorial Hospital and have worked there for 33+ years. In my spare time I enjoy bowling, crocheting, knitting and reading - especially mysteries.



**If absence makes the heart grow fonder,
some people must really love their church!**

TRIENNIAL GATHERING

July 14-17, 2011

Ladies, I hope you are saving your dollars and preparing for the time of your life by attending the 2011 Triennial Gathering



of the Women of the ELCA! Whether you have attended a triennial in the past or have never attended, I encourage you to be in Spokane. We would really like to have a good representation from the Allegheny Synod.

My first experience was in 1990 when I attended the first triennial in Anaheim, California. A group of us traveled together and had a blast! I was able to attend four other triennials over the years. I met so many sisters in Christ from all over the world and each time returned home feeling a sense of fellowship with others beyond our small church and the Allegheny Synod!

Attending a triennial gives you the opportunity to make new friendships and renew old ones. It's a great experience!

There are seven or eight of us going thus far from our Synod, and I would like to see that number increase to at least twenty-five or more. There is lots of planning happening at churchwide. Registration will begin in September of this year and an early registration discount will be available. I will update you at convention and in future issues of *The Courier*. If you have any questions, or would like to travel with our group, please contact me. (Contact information is found on the inside cover page.)

submitted by Brenda Marriner

MUCH THANKS!!

The Allegheny Synodical Women's Organization wishes to extend our sincere and heartfelt thanks to the following officers and board members who have already left us or whose terms of office end this spring. We greatly appreciate your service and gifts of time and talent to our organization.



LaVeda Hicks
Carol McClure
Fran Mokulehua
Sue Nelson

OUR UNITS IN ACTION

These reports were not included in the last issue of *The Courier*.

ZION LUTHERAN IN JOHNSTOWN gave 3 blankets, 66 quilts, 6 school kits, 10 sewing kits, 11 health kits to LWR. They also contributed \$180 to Project Comfort.

TRINITY LUTHERAN IN SOMERSET gave 1 blanket and 12 school kits to LWR.

GRACE LUTHERAN IN STOYSTOWN gave 9 Baby Blankets, 19 Health Kits, 9 Sewing Kits, 28 School Kits, 24 Layettees, and 37 pounds of soap to LWR. They also contributed to Project Comfort. They help with the Somerset County Fall Bazaar and participate in the Spring Jelly Shower for ALSM. They collect paper products for the local food pantry and make prayer shawls for ill people. They assist with funeral meals, do Christmas shopping for people in the community, and provide baked goods for community events.

GOOD SHEPHERD LUTHERAN IN WINDBER

(This report is continued from the last issue
of *The Courier*.)

The members of Good Shepherd were very busy last year. Below is a summary of some of the additional activities and ministries in which they participated.

1. Donated 12 blankets, 3 baby blankets, 2 pillows, 30 socks, 34 hats, 47 gloves/mittens, and 21 scarves to Rocky Boy Indian Reservation in Montana.
2. Collected boxes of tissues for the Lutheran Home in Johnstown and knitted hats for St. Judes Hospital
3. Helped harvest 5700 pounds of potatoes for Thrivent and distributed them to eight food pantries. Volunteer at Windber Food Pantry and at the Lutheran Home.
4. Made and filled ten cloth bags that were delivered to their members in nursing homes at Christmas. Purchased Christmas gifts for ten residents at the Lutheran Home.
5. Purchased publications for Windber Hospice, donated to Windber Public Library summer reading program, purchased fruit and made bags for delivery to homebound and needy families in the community.
6. Contributed to World Hunger, Blanket Sunday, Harvest Home, and Crop Walk.

submitted by Pat Gallagher

JUST FOR FUN

Kids questions and comments to God.

Dear God, Did you mean for the giraffe to look like that or was it an accident? Norma

Dear God, Instead of letting people die and having to make new ones, why don't you just keep the ones you have now?
Jane



Dear God, Who draws the lines around the countries? Jim

Dear God, Thank you for my baby brother, but what I prayed for was a puppy. Joyce

Dear God, I bet it is very hard for you to love all the people in the world. There are only four people in our family and I can never do it. Susan

Dear God, My brothers told me about being born, but it doesn't sound right. They are just kidding, aren't they? Marsha

Dear God, If you watch me in church Sunday, I'll show you my new shoes. Mickey

Dear God, Maybe Cain and Abel would not kill each other so much if they had their own rooms. It worked with me and my brother. Larry

Dear God, We read Thomas Edison made light. But in Sunday school, we learned that you did it. So I bet he stole your idea, didn't he? Sincerely, Donna

Dear God, I didn't think orange went with purple until I saw the sunset you made on Tuesday. That was cool! Eugene

JOB DESCRIPTIONS

PRESIDENT:

1. Preside at all conventions of the Synodical Women's Organization and at all meetings of the Board and Administrative Committee, planning the agenda alone or in partnership with other officers or Board members.
2. Ensure that the constitution and bylaws of the Synodical Women's Organization are duly observed and that the actions thereof are carried into effect and appoint all committees not otherwise provided for.
3. Be an ex-officio member of all committees of the Synodical Women's Organization, except the Nominating Committee.
4. Submit a report to each regular convention of the Synodical Women's Organization concerning her work, with observations and recommendations affecting the Synodical Women's Organization as she may deem important.
5. Serve as liaison to the Churchwide Organization and attend the meetings of the Conference of Synodical Presidents.
6. Represent the Synodical Women's Organization at, or appoint representatives to, inter-Lutheran and ecumenical associations and councils in which the organization participates.
7. Serve as representative to the Synod Council or appoint a representative.

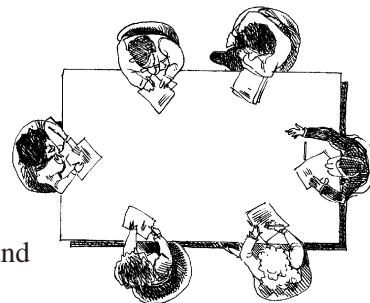


VICE PRESIDENT:

1. Act in the absence, disability, or resignation of the president. She shall assume the duties of the president until the vacancy is filled by the Board of the Synodical Women's Organization at its next regularly scheduled meeting.
2. Perform such other duties as requested by the president of the Board.
3. Serve as chair of the Convention Committee.
4. Serve as chair of the annual Synodical Women's Organization convention during the President's report.

BOARD MEMBERS:

1. Transact necessary business and make programmatic decisions between conventions.
2. Each member has a personal responsibility to:
 - A. Attend all Board meetings. (When a member has three unexcused absences - non-notification to president or secretary - that person will be asked to resign.)
 - B. Consider pros and cons of recommendations that require a vote.
 - C. Be familiar with the budget.
 - D. Participate in Board and committee discussions.
 - E. Use parliamentary procedure in decision making.
 - F. Attend Synodical Women's Organization convention.
3. Set policies required for effective and efficient functioning.
4. Supervise and coordinate the work of all committees the Board may appoint.
5. Identify Board members for networking between the Churchwide Organization and the unit, in both programmatic and organizational concerns.
6. Approve the time and place of each convention.
7. Prepare the proposed agenda, rules of procedure, and program for adoption by each convention.
8. Report Board actions to each regular convention.
9. Recommend the budget to each regular convention.
10. Fill vacancies in the offices and Board membership until the next convention.
11. Determine the fact of the incapacity of an officer or Board member to perform her duties, according to the policies and procedures of the Churchwide Executive Board.
12. Act as the Constitution and Bylaws Committee.
13. Act in such matters as may be delegated to it by the convention of the Synodical Women's Organization.
14. Act as liaison to the Conference Planning Committee (CPC) as appointed by the Board.
 - A. Receive notification and attend planning meetings.
 - B. Be familiar with and adhere to CPC job description and timeline for Fall Conference meeting.
 - C. Conduct election at Fall Conference Meeting.
 - D. Receive information from the CPC regarding nominees and prepare ballots.
 - E. Install the newly elected CPC members.
 - F. Bring greetings and information from the Synodical Women's Organization Board to the conference.



Allegheny Synodical Women's Organization
Twenty-Third Annual Convention
Shepherd of the Hills Lutheran Church
Karthaus, Pennsylvania
MAY 22, 2010

PLEASE COMPLETE AND RETURN THIS FORM BY APRIL 22, 2010.

**Nomination form for
ASWO President, Vice President, and Board Members**

Check the position(s) in which the nominee is willing to serve. Each nominee **must be** a participant in an active Congregational/Intercongregational Unit and a member of the ELCA. You must obtain the nominee's consent before submitting this form in her name.

_____ President _____ Vice President _____ Board Member

Name _____

Address _____

Telephone _____ Email Address _____

Congregation _____

Congregational Number _____ Conference _____

Age (please check one) _____ 34 or under _____ 35-49 _____ 50-64 _____ over 65

Ethnic/Racial Heritage (please check one) _____ Native American _____ African American

_____ Asian _____ Caucasian _____ Hispanic _____ Other

Primary language other than English (if applicable) _____

LIST NOMINEE'S EXPERIENCE ON REVERSE SIDE

Note: If a unit wishes to nominate more than one person for an office or offices, copy this form and complete it for additional nominees.

Send completed form to: **Carna Freidline**
287 Walnutdale Lane
Boswell, PA 15531
814-629-6032
walnutdalefarms@zewireless.com

NOMINEE'S EXPERIENCE

Beginning with the most recent, please list the nominee's experience in each area for the past five years.

WOMEN OF THE ELCA

Congregational/Intercongregational Unit:

Conference:

Synod:

Churchwide:

Other Church and/or Synod Experience:

Community and/or Ecumenical Activities:

Occupation:

Nomination Form
for
Delegates to the Eighth Triennial Convention of Women of the ELCA
July 12-14, 2011
Spokane, Washington

PLEASE COMPLETE AND RETURN THIS FORM BY APRIL 22, 2010.

Name of Nominee _____

Home Address _____

City & State _____ Zip Code _____

Phone - Day (____) _____ Evening (____) _____ Email _____

Name of Congregation _____

Address of Congregation _____

Nominee's Age Category: _____ 34 or under _____ 35-49 _____ 50-65 _____ over 65

Ethnic/Racial Heritage : _____ African American _____ American Indian
_____ Arab/Middle Easterner _____ Asian American _____ Caucasian _____ Hispanic

Primary language other than English? _____ No _____ Yes, Language _____

Differently-Abled? _____ No _____ Yes, Disability _____

Served as Triennial Delegate before? _____ No _____ Yes - How often? _____

Delegate Responsibilities

Delegates to a Triennial Convention are elected by their synodical women's organization for their ability to understand issues and organizational matters. In addition to the delegate's responsibility to vote her conscience, represent her SWO and all Women of the ELCA, she shall:

1. Prepare for the Triennial Convention by reading and studying all delegate mailings and the *Convention Program and Reports*.
2. Register at the delegate registration desk at the appointed time.
3. Attend a delegate orientation session at the appointed time, as well as any meetings (pre-convention and/or during the convention) of any committee to which she is assigned.
4. Attend all business meetings of the Triennial Convention.
5. Vote on all ballots and issues that come to the floor of the business meetings.
6. Participate in convention worship services, programs and other functions.

(Please list experience and qualifications on other side of this page.)

Women of the ELCA Experience - Congregational, Synodical and/or Churchwide -

Other Activities in which you participate -

Congregational-

Community -

Vocational /Occupational Experience -

Other Skills, Gifts, Hobbies -

I am willing to accept nomination. If elected, I will attend the Triennial Convention and assume the responsibilities printed on the front of this form.

Signature of Nominee _____

Nomination Submitted by _____

Name and Location of Congregation _____

Please Note: A congregation may only submit one name.

**Please return this form to: Carna Freidline
287 Walnuthdale Lane
Boswell, PA 15531
814-629-6032
walnuthdalefarms@zewireless.com**

Allegheny Synodical Women's Organization
Twenty-Third Annual Convention
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RESOLUTION FORM

PLEASE SUBMIT BY APRIL 22, 2010.

The following resolution is related to _____

INTRODUCTORY STATEMENT (Not essential but can be included)

Whereas....

MOTION

Be It Resolved , that...

Submitted:

Congregation _____

Congregational Number _____ Conference _____

If your unit wishes to submit more than one resolution, please copy this form and put each resolution on a separate sheet of paper.

See back of page for sample resolutions.

Send completed form to: **Elaine M. Smith, 2017 Everett Road, East Freedom, PA 16637**
or email it to *emsmith@pa.net*.

WRITING RESOLUTIONS

A Resolution is basically a run-on sentence used to state a position or suggest an action on a particular subject.

The most common types of Resolutions presented to the ASWO are Resolutions of Acknowledgment and Resolutions of Support. For the most part the Resolutions of Acknowledgment are presented at the synodical convention, voted upon, perhaps some action taken, and recorded in the convention minutes.

SAMPLE OF ACKNOWLEDGMENT

WHEREAS, the 22nd Annual Convention of the Allegheny Synodical Women's Organization was held on May 16, 2009, at First Lutheran Church in Altoona, and

WHEREAS, our officers, board, and ladies of First Lutheran went to great lengths to prepare for the convention, and

WHEREAS, we take special note of the gifts shared by the chaplain, workshop presenters, and worship participants, and

WHEREAS, our ladies have given and received true Christian love and care during this time of spiritual growth,

Be it **RESOLVED THAT:**

We show our appreciation for the gifts shared with us by standing and applauding heartily.

Now, who could object to this resolution? It requires no further action on anyone's part. It's more or less a statement of thanks.

Support Resolutions many times require some further action. They are voted on at the synodical convention and, if applicable to the entire body of Women of the ELCA,

are passed on to churchwide to be presented at Triennial Convention as a Memorial

SAMPLE OF SUPPORT

WHEREAS the ASWO is struggling to get women to step forth and take leadership roles, and

WHEREAS our membership is aging, and

WHEREAS attendance at ASWO conventions and other synodically sponsored events is down, and

WHEREAS our entire organization is struggling to survive

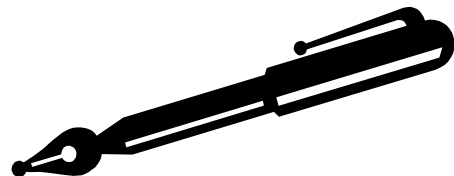
Be it **RESOLVED THAT:**

Each member of the ASWO pause for a few minutes every Tuesday morning between the hours of 6 A.M. and 8 A.M. to pray for our organization.

This type resolution requires a vote by the membership and action beyond the convention. It is also the type which could be sent on to churchwide asking that all Women of the ELCA pray for our organization.

When you write a RESOLUTION, you need to determine the subject you wish to address. Your WHEREAS statement(s) should present the facts to support your position in a concise way and the RESOLVED THAT statement(s) is really a motion that suggests the action you feel is necessary.

WHY NOT TRY WRITING ONE??!



Allegheny Synodical Women's Organization
Twenty-Third Annual Convention
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DELEGATE INFORMATION FORM

DEADLINE FOR SUBMITTING THIS FORM IS APRIL 22, 2010.

NAME _____

MAILING ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

TELEPHONE _____ EMAIL _____

CONGREGATION _____ CONGREGATIONAL NUMBER _____

TOWN _____ CONFERENCE _____

Since we would like to encourage inclusively, we ask that you please indicate ethnic/racial heritage:

_____ Native American _____ African American _____ Asian
_____ Caucasian _____ Hispanic _____ Other

Primary language other than English (if applicable) _____

RESPONSIBILITIES OF THE DELEGATE

- A. Attend all business sessions.
- B. Report on the convention to the congregation and the congregational/intercongregational unit.

Please return this form to:

**Carol McClure
201 Washington Avenue
Hollidaysburg, PA 16648
(814) 695-6904**

NOTE: If the delegate named above is unable to attend, a letter from the president (or other designated officer) of the congregational/intercongregational unit authorizing another person to serve as delegate should be presented at the registration desk by the person who has been designated as the new delegate.

A REGISTRATION FORM MUST ALSO BE SENT TO THE REGISTRAR FOR THE DELEGATE so we have an accurate count for printed materials and for the banquet. Thank you for your cooperation.

Allegheny Synodical Women's Organization - Twenty-Third Annual Convention
Shepherd of the Hills Lutheran Church, Karthaus, Pennsylvania
MAY 22, 2010

REGISTRATION FORM

(Please complete a separate form for each person attending. Make copies as needed.)

ALL REGISTRATIONS ARE DUE MAY 5, 2010.

Name _____
(First) (Last)

Mailing Address _____

City _____ State _____ Zip Code _____

Telephone _____ Email _____

Congregation _____ Congregation Number _____

Town _____ Conference _____

Check category(s) that applies to registrant:

_____ Delegate _____ Alternate Delegate _____ Visitor _____ Officer _____ Board

NOTE: All participants are required to pay the registration fee which helps to cover the cost of the convention.

_____ \$18.00 Registration Fee

_____ \$12.00 Meal

_____ TOTAL ENCLOSED

I have the following dietary restrictions: _____

_____ I am willing to help with anything that is needed on the day of convention.

_____ I am willing to help with only (please specify) _____
(Example - Elections, Worship, Parliamentarian, a Convention Committee, etc.)

Send your check or money order (made payable to **ALLEGHENY SWO**) to registrar:

Vera Wilt
612 E. Graceville Road
Breezewood, PA 15533
(814) 735-4417

**ALLEGHENY SYNODICAL WOMEN'S ORGANIZATION
OFFICERS AND BOARD
2009-2010**

OFFICERS

PRESIDENT

Carol McClure
201 Washington Avenue
Hollidaysburg, PA 16648
814-695-6904
cm.mcclure@hotmail.com

SECRETARY

Brenda Marriner
4088 Evergreen Road
Claysburg, PA 16625
814-239-2592
smarr1257@aol.com

TREASURER

Vera Wilt
612 E. Graceville Road
Breezewood, PA 15533
814-735-4417

BOARD MEMBERS

Donna Frazier
2513 Belden Road
Bedford, PA 15522
814-623-9683
dcfrazier@embarqmail.com

Ruth Luse
257 S. Main Street
Pleasant Gap, PA 16823
814-359-2442
ruthie257@verizon.net

Sue Nelson
131 Nelson Lane
East Freedom, PA 16637
814-239-8583
csnelson@seasonaire.org

Becky Van Dyke
36 West 8th Street
Everett, PA 15537
814-652-6628

ARTICLES FOR *The Courier*

should be sent to - Elaine Smith, 2017 Everett Road, East Freedom, PA 16637 or email emsmith@pa.net. Send your articles, recipes, home remedies, or anything else you would like to share. Deadline for the next issue is May 22. (You may bring your information with you to Karthaus on that day.) The newsletter should be distributed by mid-June. Thanks for your help.



BOARD LIAISONS TO CONFERENCES*

Altoona	Sue Nelson
Bedford	Vera Wilt
Clearfield	Carol McClure
Johnstown	Becky Van Dyke
Nittany	Ruth Luse
Somerset	Donna Frazier
Upper Juniata	Brenda Marriner



**PURPOSE STATEMENT
WOMEN OF THE ELCA**

As a community of women created in the image of God, called to discipleship in Jesus Christ, and empowered by the Holy Spirit, we commit ourselves to grow in faith, affirm our gifts, support one another in our callings, engage in ministry and action and promote healing and wholeness in the church, the society, and the world.

*Each conference within the Allegheny Synod is assigned a Board member who acts as a liaison between the congregational/intercongregational unit and the Board. If your unit has any questions, would like a personal visit from a Board member, or is interested in becoming affiliated with Women of the ELCA, please do not hesitate to contact your liaison, or any member of the Board.

Officer Changes - Please notify the board whenever changes are made in the leadership of your congregational unit. Send to Elaine M. Smith, Newsletter Editor, 2017 Everett Road, East Freedom, PA 16637, or Phone - (814) 239-5715, or email emsmith@pa.net. Please include the following:

CHURCH NAME _____

CHURCH NUMBER _____ CONFERENCE _____

Please include name, address, phone number, and email address for the following if possible:

President _____

Treasurer _____

Allegheny Synodical Women's Organization
PO Box 488
Osterburg, PA 16667

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2010 Convention Issue
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